

## Client Intake

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Date \_\_\_\_\_

Name \_\_\_\_\_ Partner's Name \_\_\_\_\_

Family Member's Name \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_

Family Member's Name \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_

Family Member's Name \_\_\_\_\_ Relationship \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Phone Home \_\_\_\_\_ Best number to call \_\_\_\_\_

Work \_\_\_\_\_ Best time to call \_\_\_\_\_

Cell \_\_\_\_\_ May I leave a message? \_\_\_\_\_

May I contact you via email? \_\_\_\_\_ If yes, please provide email \_\_\_\_\_

Your age \_\_\_\_\_ Birthdate \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

How did you find me? \_\_\_\_\_

What are you hoping to accomplish in therapy? \_\_\_\_\_

## Emergency Contact Information

Name of Emergency Contact \_\_\_\_\_

Relationship to you? \_\_\_\_\_ Emergency Contact Number \_\_\_\_\_

## Medical / Therapeutic History

Are you currently under your physicians' care?  Yes  No

If yes, please provide his/her name \_\_\_\_\_ Phone \_\_\_\_\_

What is the reason for your treatment? \_\_\_\_\_

Is your treatment ongoing or chronic? \_\_\_\_\_

Are you currently under a psychiatrist's care?  Yes  No

If yes, please provide his/her name \_\_\_\_\_ Phone \_\_\_\_\_

What is the reason for your treatment? \_\_\_\_\_

Are you taking medication prescribed by your psychiatrist currently?  Yes  No

If yes, please provide type and purpose \_\_\_\_\_

Have you ever been hospitalized?  Yes  No

If yes, please provide details \_\_\_\_\_

Are you currently under a therapist's care?  Yes  No

If yes, please provide his/her name \_\_\_\_\_ Phone \_\_\_\_\_

How many sessions did you have if you are no longer in therapy or how many sessions do you have a week? \_\_\_\_\_

What is the reason for your treatment? \_\_\_\_\_

What was the outcome of this therapy? \_\_\_\_\_

Please provide additional experience with therapy below:

Therapist's name \_\_\_\_\_ Phone \_\_\_\_\_

How many sessions did you have? \_\_\_\_\_

What was the reason for your treatment? \_\_\_\_\_

What was the outcome of this therapy? \_\_\_\_\_

Please provide additional experience with therapy below:

Therapist's name \_\_\_\_\_ Phone \_\_\_\_\_

How many sessions did you have? \_\_\_\_\_

What was the reason for your treatment? \_\_\_\_\_

What was the outcome of this therapy? \_\_\_\_\_

### Current Stressors

Even positive changes can produce emotional distress. Please select any of the following events that you may have experienced within the past six months to a year. You may provide details following the list below: which are not on the list below, or any explanations which may help me to understand your situation and concerns:

Event	How long ago?	Is there anything you would like to add to help me better understand your current concerns?
<b>Grief</b>		
<input type="checkbox"/> Death of a partner or spouse	_____	_____
<input type="checkbox"/> Death of a parent	_____	_____
<input type="checkbox"/> Death of a child	_____	_____
<input type="checkbox"/> Death of a close friend	_____	_____
<b>Health &amp; Caregiving</b>		
<input type="checkbox"/> Change in your health, an injury or illness	_____	_____
<input type="checkbox"/> Change in eating habits	_____	_____
<input type="checkbox"/> Change in sleeping habits	_____	_____
<input type="checkbox"/> Pregnancy	_____	_____
<input type="checkbox"/> Sexual health concerns	_____	_____
<input type="checkbox"/> Change in health of a family member	_____	_____
<input type="checkbox"/> Change in caregiving arrangements	_____	_____
<input type="checkbox"/> Change in caregiving arrangements	_____	_____
<b>Living Arrangements</b>		
<input type="checkbox"/> Change in a living arrangements/residence	_____	_____
<input type="checkbox"/> Recent move	_____	_____
<b>Significant Relationships</b>		
<input type="checkbox"/> Change in a significant relationship	_____	_____
<input type="checkbox"/> Change in a number/severity of arguments	_____	_____
<input type="checkbox"/> Engaged or newly married, 2 <sup>nd</sup> marriage	_____	_____
<input type="checkbox"/> New blended family/stepfamily	_____	_____
<input type="checkbox"/> Change in caregiving arrangements	_____	_____
<input type="checkbox"/> Divorce	_____	_____
<input type="checkbox"/> Marital separation	_____	_____

Event	How long ago?	Is there anything you would like to add to help me better understand your current concerns in this area?
<input type="checkbox"/> Marital reconciliation	_____	_____
<input type="checkbox"/> Children leaving home	_____	_____
<input type="checkbox"/> Difficulties with in-laws	_____	_____
<b>Career</b>		
<input type="checkbox"/> Retirement	_____	_____
<input type="checkbox"/> Fired or laid off	_____	_____
<input type="checkbox"/> New career	_____	_____
<input type="checkbox"/> Change in work responsibilities / shift	_____	_____
<input type="checkbox"/> Difficulties with boss or co-workers	_____	_____
<input type="checkbox"/> Change in partner's work, career	_____	_____
<input type="checkbox"/> Change in your business	_____	_____
<input type="checkbox"/> Difficulties with business partner	_____	_____
<input type="checkbox"/> Difficulties with employees	_____	_____
<b>Financial</b>		
<input type="checkbox"/> Change in your financial state	_____	_____
<input type="checkbox"/> Mortgage or rent difficulties	_____	_____
<input type="checkbox"/> Foreclosure / bankruptcy	_____	_____
<b>School</b>		
<input type="checkbox"/> Recent graduation / looking for job	_____	_____
<input type="checkbox"/> Learning disabilities	_____	_____
<input type="checkbox"/> Recent change in schools	_____	_____
<b>Other Circumstances</b>		
<input type="checkbox"/> Change in your social activities	_____	_____
<input type="checkbox"/> Change in your social relationships	_____	_____
<input type="checkbox"/> Incarceration	_____	_____
<input type="checkbox"/> Incarceration of a family member	_____	_____
<input type="checkbox"/> Legal difficulties	_____	_____

Lisa Lavelle, LCSW

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Is there anything else that you would like to share with me before beginning treatment?

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